

# Hudson Mohawk Area Health Education Center

## *Job Shadow (Job Quest)*

### INFORMATION SHEET

#### WHAT IS JOB QUEST?

HM AHEC developed Job Quest, a one-day, job shadow program to experience firsthand a career in health care.

Job Quest is an opportunity to connect job seekers with health care professionals (*Job Quest Mentor*) who can provide specific knowledge and insight into their career. Participants will be able to observe responsibilities and tasks associated with the Mentor's career and have the opportunity to ask questions about the knowledge, skills, talents, and level of education required for the job.

While the purpose of Job Quest is to gather career related information and expand a participant's networking contacts, it also allows participants to build interviewing skills, become aware of trends in health care and see workforce technologies in action.

#### WHO SHOULD APPLY?

Students or Career Seekers who:

- Over the age of 16 years of age
- An experiential learning opportunity in the healthcare field
- Up-to-date facts about a healthcare occupation
- Insight about the skills required for a specific career(s)
- Networking contacts
- Assistance in developing communication skills
- An orientation that will include resume-building, interview tips, KeyTrain® Assessment, Career Resource Workbook, and health career exploration via My Health Career®

#### APPLICATION PROCESS

The Job Quest application can be found on the HM AHEC website at [www.gohealthcareer.org](http://www.gohealthcareer.org), and must be completed in its entirety to be considered. **Please note- applications must be received at least two weeks in advance to allow for scheduling.**

# Hudson Mohawk Area Health Education Center

## Job Shadow (Job Quest)

### APPLICATION

**\* Please note – not all requests may be accommodated , and must be received at least two weeks in advance\***

#### Contact Information (all information is required)

Must be printed legibly in ink or typed

Name: \_\_\_\_\_  
Last Name First Name Middle Initial

Home Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_ County: \_\_\_\_\_

Phone Number: \_\_\_\_\_ Alternate Phone Number: \_\_\_\_\_

Email: \_\_\_\_\_

Birth date: \_\_\_\_/\_\_\_\_/\_\_\_\_ Age: \_\_\_\_\_ Gender: Female \_\_\_\_\_ Male \_\_\_\_\_

Name of High School: \_\_\_\_\_ Graduation Year: \_\_\_\_\_

Location/Facility preferred: \_\_\_\_\_

Date(s) requested: \_\_\_\_\_

What department(s)/specialties are you interested in shadowing?

\_\_\_\_\_

What Profession are you interested in shadowing?

\_\_\_\_\_

What are your expectations for your experience?

\_\_\_\_\_

\_\_\_\_\_



# Hudson Mohawk Area Health Education Center

## Job Shadow (Job Quest)

### CONSENT FORM:

#### TO BE COMPLETED BY A PARENT OR GUARDIAN AND APPLICANT:

I certify that the information in this application is true and correct.

I give permission for \_\_\_\_\_ to participate in Job Quest.  
NAME OF STUDENT

#### We agree to and understand the following:

\_\_\_ Not all Job Shadow requests may be accommodated.

\_\_\_ If accepted the Student Application, Apparel and Health Requirements and Confidentiality Agreement must be completed and returned to HM AHEC prior to Job Shadow.

\_\_\_ If accepted, proof of the following immunizations are required:

- Two (2) MMR's or proof of immunity
- Varicella Vaccine or history of disease
- One step PPD

### IN CASE OF EMERGENCY NOTIFY:

Name: \_\_\_\_\_

Relationship: \_\_\_\_\_

Telephone Work: ( ) \_\_\_\_\_

Home: ( ) \_\_\_\_\_

As a voluntary participant in a Hudson Mohawk AHEC Job Shadow experience, I agree to hold as confidential all information which I may obtain directly or indirectly concerning patients, doctors or personnel and I will not seek confidential information in regard to a patient and understand that my time is voluntarily donated without contemplation of compensation or future employment.

Student Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_  
(For Participants Under Age 18)

